

## **Agenda Track & Field Committee, 6pm, Wednesday 8<sup>th</sup> April 2026,**



WELSH ATHLETICS  
ATHLETAU CYMRU

### **Present:**

Joyce Tomala (JT), Rob Champion (RC), Lisa Champion (LC), Lynette Harries (LH), Elinor Cole (EC), Lee Hayward (LH), Darran Williams (DW), Crispin Backshall (CB)

#### **1. Apologies:**

- i. Sue Hooper, Rowland Williams

#### **2. Declaration of Conflict of Interest**

- i. No conflicts of interest

#### **3. Actions from Previous Minutes:**

- a. Records (DW) – deferred from last meeting.
  - i. DW issued updated records, which represent the final records using the old age-group structure. From the first event of the season, all new records will be aligned to the new age groups: U12s, U14s, U16s, U18s, U20s and Seniors.
- b. Contacts for Schools competitions - TBC

#### **4. WA Updates:**

- a. Competition Update (RC/DW)
  - i. Outdoor updates 2026
    - 1. *Senior Championships - June 27<sup>th</sup>/28<sup>th</sup> Cardiff (CISS)*  
Entries open next week
    - 2. *Junior Championships – June 6<sup>th</sup> & 7<sup>th</sup> in Deeside*  
Entries now open close 17<sup>th</sup> May.
    - 3. *Regional Championships – South/East 9<sup>th</sup> May - Aberdare, North 9<sup>th</sup> May - Bangor, West 10<sup>th</sup> May - Carmarthen.*
    - 4. *Inter-regional Championships (Aberdare, 13<sup>th</sup> June)*  
Amended timetable (page 2)
    - 5. *Event Specific Meetings*  
*Run with the Wind, Cardiff (April 11<sup>th</sup> and 26<sup>th</sup>, June 3<sup>rd</sup>).*
    - 6. *Throws meetings (LHa)*
      - *Aberdare events on 16th June, 21st July and 11th August will be shared with British Milers. Owing to calendar restrictions, LHa is considering Thursday evening South Wales Throws events, dates TBC.*
    - 7. *Welsh Junior Competitions 2026 - The first event is due to take place on 18 April in Aberdare. At present, the event does not hold a licence and has received entries from over 300 athletes.*
- b. WA Performance update – Loughborough International 17<sup>th</sup> May
  - i. Selection meeting 28<sup>th</sup> April, JT confirmed attendance at the meeting, as the timing falls within working hours.

#### **5. DISCUSSION**

- a. Contributors to TF Meetings
  - i. JT suggested the inclusion of guest speakers at future meetings. DW proposed inviting Junior Ambassadors to attend meetings in order to introduce an athlete voice. **Action: JT to contact the Junior Ambassadors.**
- b. Future discussions for TF meetings. Members asked to provide ideas.

## 6. REPORTS:

- a. General Council –
  - i. WA Staff updates
    1. Alex Donald to leave the organisation at the end of April will replace over the Summer.
    2. Following an open recruitment process, Rob Campion was appointed to the role of track and field competition lead,
    3. WA are reviewing the best approach to backfill Rob's role with officials/volunteers – still committed to supporting the recruitment in this space, but have an opportunity to review the wider structure
    4. Jozie Postles is leaving the organisation in April to start her own Flower business, WA will appoint an interim consultant to support with comms for the Commonwealth Games, and a permanent recruitment will happen over the Summer.
  - ii. WA Website – JT raised concerns that the WA website is significantly out of date, with content dating back to 2020. DW advised that ownership of the website sits with Owen Smith; however, several other individuals also have access to make amendments.
- b. Welsh Schools - Cup and Plate age groups U14 & U16, The Welsh Schools Track & Field Championships on Saturday 4 July 2026 in Aberdare
- c. Regional Issues
  - i. Attendees noted a lack of buy-in from member clubs to support regional events and opportunities. This issue was identified as common across all regions, with a small number of individuals often supporting both regions and clubs. Concerns were raised regarding the volume of work being placed on volunteers.
- d. Officials Committee

A clash was noted with the T&F and Officials Committee meeting. JT asked RC to raise this with the Officials Committee to discuss future dates and, where possible, avoid clashes with T&F meetings. **Action: RC to raise future meeting dates at the Officials Committee to help avoid clashes.**

## 7. Any Other Business.

- i. DW proposed that, going forward, non-standard events should no longer be recorded as official records in order to standardise the process. Agreement was reached by those present.
- ii. It was noted that Junior Development League events have been published and entries accepted without the correct procedures being followed. All events must apply for and receive the appropriate licence before being published to entrants. Under no circumstances should events proceed without proper licensing.
- iii. It was reported that Be Active grants are directing applicants towards alternative funding routes, such as crowdfunding. This has occurred with two separate applicants. JT suggested that JW should be made aware, as this could restrict facility upgrades and the future use of venues for events and training. **Action – raise at next general council meeting.**
- iv. Increased attendance at future meetings was identified as necessary to support more effective discussions. LH suggested reintroducing a shared calendar to improve awareness of meetings and reduce clashes. **Action - JT to contact Eleanor C to discuss establishing a shared Google calendar (or similar) for key date**
- v. JT requested the reinstatement of a fixtures meeting to support a more coordinated approach to fixture planning and better calendar alignment. General acceptance was received by the group. **Action- raise at next general council meeting.**

a. Date of Next Meeting: Wednesday 3<sup>rd</sup> June 2026

Amended Inter -Regional Champs Timetable					13th June 2026, Aberdare				
Track		Specifications			Field				Specifications
T1	400mh	U18M	11:30	84.0cm	F1	HT	U16G	11:00	3kg
T2	400mh	U18W	11:40	76.2 cm	F2	HT	U16B	11:00	4kg
T3	300mh	U16G	11:50	76.2cm	F3	HJ	U14G	11:00	
T4	300mh	U16B	12:00	76.2cm	F4	HJ	U14B	11:00	
T5	100m	U14G	12:10		F5	HT	U18W	11:45	3kg
T6	100m	U14B	12:15		F6	HT	U18M	12:45	5kg
T7	100m	U16G	12:20		F7	HJ	U16G	12:15	
T8	100m	U16B	12:25		F8	HJ	U18W	12:15	
T9	100m	U18W	12:30		F9	SP	U14G	13:00	2.72kg
T10	100m	U18M	12:35		F10	SP	U14B	13:00	3kg
T11	800m	U14G	12:40		F11	HJ	U16B	13:30	
T12	800m	U14B	12:45		F12	HJ	U18M	13:30	
T13	800m	U16G	12:50		F13	SP	U16G	14:00	3kg
T14	800m	U16B	12:55		F14	SP	U18W	14:00	3kg
T15	800m	U18W	13:00		F15	LJ	U14G	14:00	
T16	800m	U18M	13:05		F16	LJ	U14B	14:00	
T17	80mh	U16G	13:15	76.2cm	F17	JT	U14G	14:15	400g
T18	3K	U16W	13:25		F18	JT	U14B	14:45	500g
T19	3K	U18W	13:25		F19	LJ	U16G	15:00	
T20	100mh	U16B	13:40	84.0cm	F20	LJ	U18W	15:00	
T21	100mh	U18W	13:50	76.2cm	F21	SP	U16B	15:00	4kg
T22	110mh	U18M	14:00	91.4cm	F22	JT	U16G	15:15	500g
	lunch break				F23	JT	U18W	15:15	500g
T23	3K	U16M	14:30		F24	SP	U18M	15:30	5kg
T24	3K	U18M	14:30		F25	LJ	U16B	16:15	
T25	300m	U16G	14:45		F26	LJ	U18M	16:15	
T26	300m	U16B	14:55		F27	JT	U16B	16:15	600g
T27	400m	U18W	15:00		F28	JT	U18M	16:15	700kg
T28	400m	U18M	15:05						
T29	1500mS/C	U18W	15:15	76.2cm					
T30	2000mS/C	U18M	15:30	83.8cm					
T31	4 x 100m	U14G	15:45						
T32	4 x 100m	U14B	15:50						
T33	4 x 100m	U16B	15:55						
T34	4 x 100m	U16G	16:05						
T35	4 x 100m	U18W	16:10						
T36	4 x 100m	U18M	16:15						
T37	4 x 300m	U16G	16:25						
T38	4x 300m	U16B	16:35						
T39	4 x 400m	U18G	16:45						
T40	4x 400m	U18B	16:50						

Regional Duties  
2026

<b>East</b>	Hammer	U16G/U16B	11:00
	High Jump	U16B/U18M	13:30
	Javelin	U14G	14:15
	Javelin	U14B	14:45
	Shot	U18M	15:30

<b>West</b>	Hammer	U18W	11:45
	Shot	U14G/U14B	13:00
	Long Jump	U16G/U18W	15:00
	Javelin	U16B/U18M	16:15

<b>North</b>	High Jump	U16G/U18W	12:15
	Shot	U16G/U18W	14:00
	Javelin	U16G/U18W	15:15
	Long Jump	U16B/U18M	16:15

<b>South</b>	High Jump	U14G/U14B	11:00
	Hammer	U18M	12:45
	Long Jump	U14G/U14B	14:00
	Shot	U16B	15:00